Relationship Science Online

Assessing Demand-Withdrawal



Assessing Demand-Withdrawal

- **Aside from observing demand-withdrawal in session, this conflict pattern can be assessed using a simple and short measure**
- **Communication Patterns Questionnaire-Short Form** (CPQ-SF, Heavey et al., 1993) **consists of six items with two subscales:**
  - Man demands/woman withdraws (3 items)
  - Woman demands/man withdraws (3 items)
  - Items are averaged to yield a score for each subscale
  - Total demand/withdrawal for the couple can be calculated by averaging all items
  - Items are rated on a 9-point scale 1 (very unlikely) to 9 (very likely)

