Practicum 5: Assessing Demand-Withdrawal

Reflecting on what was covered in the mini-lecture on *Assessing Demand-Withdrawal*; let us assess this conflict pattern.

Activity 1: Below you will find the filled-in questionnaire of a person who completed the Communication Patterns Questionnaire – Short Form (CPQ-SF, Heavey et al., 1993). Recall that the CPQ-SF is a measure designed to assess the extent that the man demands and the woman withdraws and vice-versa. Your task is to calculate each couple member's score as well as the total demand-withdrawal score for the couple.

The following items represent common patterns of interacting in romantic relationships. Please respond to each item by providing the rating which reflects what typically occurs when you and your partner are attempting to deal with a problem in your relationship (ranging from 1 = very unlikely to 9 = very likely).

Response		
2	1	Man tries to start a discussion while woman tries to avoid a discussion
7	2	Woman tries to start a discussion while man tries to avoid a discussion
3	3	Man pressures, nags, or demands while woman withdraws, becomes silent, or refuses to discuss matter further
6	4	Woman pressures, nags, or demands while man withdraws, becomes silent, or refuses to discuss matter further
4	5	Man criticizes while woman defends herself
7	6	Woman criticizes while man defends himself

Scoring instructions:

To calculate man demand/woman-withdraw, average items 1, 3, and 5

To calculate woman demand/man-withdraw, average items 2, 4, and 6

To calculate the couple demand/withdraw, average items 1 to 6

Man demand/wife-withdraw: _____

Woman demand/man-withdraw: _____

Couple demand/ withdraw: _____

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Practicum 6: Observing Demand-Withdrawal [Webinar learning activity]

Activity 1: Reflecting on what has been covered in relation to the indicators of demand-withdrawal, take some time to carefully observe the video and determine the extent to which the couple members demonstrate demand-withdrawal.

Question 1a: What level of demand do you see in the woman?

Please circle

Low **Moderate** **High**

Question 1b: What non-verbal indications do you witness?

_____

_____

_____

_____

Question 1c: What verbal indications do you witness?

_____

_____

_____

_____

Question 2a: What level of withdrawal do you see in the woman?

Please circle

Low **Moderate** **High**

Question 2b: What non-verbal indications do you witness?

_____

_____

_____

_____

Question 2c: What verbal indications do you witness?

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_____

_____

_____

_____

Question 3a: What level of demand do you see in the man?

Please circle

Low **Moderate** **High**

Question 3b: What non-verbal indications do you witness?

_____

_____

_____

_____

Question 3c: What verbal indications do you witness?

_____

_____

_____

_____

Question 4a: What level of withdrawal do you see in the man?

Please circle

Low **Moderate** **High**

Question 4b: What non-verbal indications do you witness?

_____

_____

_____

_____

Question 4c: What verbal indications do you witness?

_____

_____

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