Practicum 4: Assessing Negative Reciprocity

Reflecting on what was covered in the mini-lecture on assessing negative-reciprocity; it's now time to learn how to assess aspects of this conflict pattern using a measure that provides a broad assessment of the key features of negative reciprocity.

Activity 1: Below you will find the filled-in questionnaire of a person who completed the Test of Negative Social Exchange - Revised (TENSE-Revised, Finch et al., 1999).

NOTE: The TENSE-Revised was originally developed to asses an individual's perceptions of their partner's negative behavior. However, we have modified the measure below to assess the extent to which an individual enacts aspects of negative reciprocity against their partner.

During the last month, indicate the frequency with which you acted in any of the following ways towards your relationship partner.

Please circle your response.

	not at all								**frequently**
1. Lost my temper at my partner.	1	2	3	4	5	6	(7)	8	9
2. Was rude to my partner.	1	2	3	4	(5)	6	7	8	9
3. Was insensitive to my partner.	1	2	3	(4)	5	6	7	8	9
4. Wouldn't let my partner finish talking.	1	2	3	4	5	(6)	7	8	9
5. Nagged my partner.	1	2	3	(4)	5	6	7	8	9
6. Was cold towards my partner.	1	2	3	4	(5)	6	7	8	9
7. Took my partner's feelings lightly.	1	2	(3)	4	5	6	7	8	9
8. Didn't pay attention to my partner.	1	2	3	4	(5)	6	7	8	9
9. Demanded too much attention of my partner.	1	2	3	(4)	5	6	7	8	9
10. Put my partner down.	1	2	3	4	5	6	(7)	8	9
11. Argued with my partner.	1	2	3	4	5	6	7	(8)	9
12. Ignored my partner's wishes or needs.	1	2	3	(4)	5	6	7	8	9
13. Seemed bored with my partner.	(1)	2	3	4	5	6	7	8	9
14. Was inconsiderate of my partner.	1	2	3	4	5	(6)	7	8	9
15. Reminded my partner of their past mistakes.	1	2	3	4	5	(6)	7	8	9
16. Tried to get my partner to do things they didn't want to.	1	2	(3)	4	5	6	7	8	9
17. Got angry with my partner.	1	2	3	4	5	6	7	(8)	9
18. Tried to manipulate or influence my partner for my own benefit.	1	2	3	4	5	6	(7)	8	9
19. Yelled at my partner.	1	2	3	4	5	6	7	(8)	9
20. Made my partner seem foolish.	1	2	3	4	(5)	6	7	8	9
21. Didn't want to be with my partner.	(1)	2	3	4	5	6	7	8	9
22. Distracted my partner when they were doing something important.	1	2	(3)	4	5	6	7	8	9
23. Was impatient with my partner.	1	2	3	4	5	6	(7)	8	9
24. Tried to rush my partner along.	1	2	3	4	5	(6)	7	8	9

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Scoring instructions:

The TENSE-Revised consists of three subscales. The subscales and items associated with each subscale are outlined below.

Anger: Calculate the average of items 1, 11, 17, 19

Indifference/hindrance: Calculate the average of items 9, 16, 18, 22-24

Insensitivity: Calculate the average of items 2-8, 10, 12-15, 20-21

Anger: _____

Indifference/hindrance: _____

Insensitivity: _____

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