## Practicum 1: Characteristics of Attachment Style

**Drawing on the mini-lectures regarding the attachment behavioural system and attachment styles, answer the following questions.**

Question 1a: What are the key characteristics/features that underpin attachment anxiety?_____

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Question 1b: What are the secondary behavioural strategies that are proposed to underpin attachment anxiety, and what is their function (purpose)?

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Question 2a: What are the key characteristics/features that underpin attachment avoidance?_____

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Question 2b: What are the secondary behavioural strategies that are proposed to underpin attachment avoidance, and what is their function (purpose)?

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