Wrap Up:

Conceptual Consolidation – Connecting Course Components

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Bringing it all Together…

Assessment
- ECR-RS – Multiple attachment relationships
- ASQ-SF – Facet analysis
- YSQ – Schema assessment
- SMI – Mode assessment
- YPQ – Parenting
- Attachment-informed questions

Conceptualisation
- Schema Therapy Conceptualisation Form
  - Attachment-informed questions can be included as part of the form under Section 4 Part B (the relationship life areas)
  - Section 5 – major life problems & symptoms – if presenting issue is relationships
  - Section 6 – child and adolescent origins of major problems
- Attachment-Schema Matrix
  - Circle what attachment dimensions are evidenced and which EMS/Domains are present
- Mode map (informed by attachment style of client)
  - Do the modes correspond with the attachment style

Feedback
- Schemas and Relationship History
  - Use mode map, attachment assessments and questions to inform the areas in which feedback is given

Therapy (Limited reparenting)
- Bowlby's 5 therapeutic tasks
- The provision of secure base and safe haven support
  - Across the limited reparenting spectrum
  - Be sensitive and responsive – the stronger & wiser other
- Be aware of your own feelings and reactions to clients
  - Can impact on being the stronger & wiser other
- The relationship story – a bypass of modes
- Applications of security priming
  - Transitional objects
  - Flash cards
  - The therapeutic environment

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