Practicum: Attachment Informed Limited Reparenting

Drawing on your case study client, consider their attachment style and how you may tailor your limited reparenting. What kinds of things would you say that would resonate with a client, mitigate the triggering of particular schemas and modes, and have the client view you as a "stronger and wiser other"?

To help structure your reflections and responses to the above, think about your efforts to engage with the client across the spectrum of limited reparenting. If you have not engaged with your client on particular aspects of the limited reparenting spectrum, then consider how you would approach this in the future.

Given your client's attachment style, how would you approach/frame?...

Connection and attunement (and why):

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Direction and guidance (and why):

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Empathic confrontation (and why):

Limit setting (and why):

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Practicum: Applications of Security Priming I

Develop an outline of what a security prime would look like for your case study client

1. What form would the prime take and why?

2. What critical content would you need to include in the prime to activate a sense of attachment security?

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Practicum: Applications of Security Priming II

In reflecting on your own practice context (physical environment, virtual environment, intake, etc.)

1. What potential security priming stimuli would work well?

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