

Relationship Health Assessment
(The Perceived Relationship Quality Component Scale [PRQC])

This document includes:

- A measure of relationship quality formatted for administration to a client – The Perceived Relationship Quality Component Scale (PRQC, Fletcher, Simpson, & Thomas, 2000)
- An annotated item-by-item description regarding scale composition
- Scoring instructions

Please read each of the following items carefully and, using the rating scale, rate your current partner and relationship (ranging from 1 = not at all to 7 = extremely). Please circle your response.

	not at all			extremely			
1. How satisfied are you with your relationship?	1	2	3	4	5	6	7
2. How committed are you to your relationship?	1	2	3	4	5	6	7
3. How intimate is your relationship?	1	2	3	4	5	6	7
4. How much do you trust your partner?	1	2	3	4	5	6	7
5. How passionate is your relationship?	1	2	3	4	5	6	7
6. How much do you love your partner?	1	2	3	4	5	6	7
7. How content are you with your relationship?	1	2	3	4	5	6	7
8. How dedicated are you to your relationship?	1	2	3	4	5	6	7
9. How close is your relationship?	1	2	3	4	5	6	7
10. How much can you count on your partner?	1	2	3	4	5	6	7
11. How lustful is your relationship?	1	2	3	4	5	6	7
12. How much do you adore your partner?	1	2	3	4	5	6	7
13. How happy are you with your relationship?	1	2	3	4	5	6	7
14. How devoted are you to your relationship?	1	2	3	4	5	6	7
15. How connected are you to your partner?	1	2	3	4	5	6	7
16. How dependable is your partner?	1	2	3	4	5	6	7
17. How sexually intense is your relationship?	1	2	3	4	5	6	7
18. How much do you cherish your partner?	1	2	3	4	5	6	7

Item composition – Perceived Relationship Quality Components (PRQC) Scale

1	Satisfaction	How satisfied are you with your relationship?
2	Commitment	How committed are you to your relationship?
3	Intimacy	How intimate is your relationship?
4	Trust	How much do you trust your partner?
5	Passion	How passionate is your relationship?
6	Love	How much do you love your partner?
7	Satisfaction	How content are you with your relationship?
8	Commitment	How dedicated are you to your relationship?
9	Intimacy	How close is your relationship?
10	Trust	How much can you count on your partner?
11	Passion	How lustful is your relationship?
12	Love	How much do you adore your partner?
13	Satisfaction	How happy are you with your relationship?
14	Commitment	How devoted are you to your relationship?
15	Intimacy	How connected are you to your partner?
16	Trust	How dependable is your partner?
17	Passion	How sexually intense is your relationship?
18	Satisfaction	How much do you cherish your partner?

Scoring

The following six total scores were then computed:

- (1) The *Satisfaction* score is computed by averaging items 1, 7 and 13. Higher scores reflect greater relationship satisfaction.
- (2) The *Commitment* score is computed by averaging items 2, 8, and 14. Higher scores reflect greater commitment.
- (3) The *Intimacy* score is computed by averaging items 3, 9, and 15. Higher scores reflect greater intimacy.
- (4) The *Trust* score is computed by averaging items 4, 10 and 16. Higher scores reflect greater levels of trust.
- (5) The *Passion* score is computed by averaging items 5, 11 and 17. Higher scores reflect greater levels of passion.
- (6) The *Love* score is computed by averaging items 6, 12 and 18. Higher scores reflect greater levels of love.

When referencing the PRQC, please cite the following paper:

Fletcher, G. J. O., Simpson, J. A., & Thomas, G. (2000). The measurement of Perceived Relationship Quality Components: A confirmatory factor analytic approach. *Personality and Social Psychology Bulletin*, 26, 340-355.